

**Mousawat Yearly Report 2024**



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# **Introduction**

Over 4 decades, Mousawat intervention centralized its work to give opportunity and remove barriers to people with disabilities, defending their rights and putting them into practice. Humanity, inclusion, participation, empowerment, non-discrimination and protection are the main deliverables of our work, as we believe all people should be treated equally and supported to enjoy their wellbeing.

Mousawat supports equity and dignity for people who are overlooked and/or marginalized, through full dedication of our staff and resources. As an organization, we recognize that we must reflect the changes we endeavor in the community, in which we seek to become a more diverse, participative, inclusive, and equitable, so to achieve that we worked through our programs and projects to support people in need without any discrimination and include them in our decisions as partners and right holders.

We worked tirelessly to overcome the numerous challenges, to provide the humanitarian needs during emergencies, and provide the basic needs, lifesaving items and psychosocial support.

This report reflects not only our achievements but also the lessons learned and our future plans towards a more sustainable future for all. It highlights the dedication of our team, valuable support of our donors, and the resilience of our beneficiaries who continue to inspire our mission.

Through this report we would like to thank our donors, staff and volunteers who made us pioneers in working with local communities and making them more inclusive.

***Kassem Sabbah***

***General Director***

# **WHO WE ARE?**

* Mousawat Organization is an independent non-governmental organization registered with the Lebanese authorities (registration number: 1690\2008). Building on its long expertise with people with disabilities, Mousawat provides various types of relief and development programs and integration services to people with disabilities, care givers and marginalized communities covering educational, social, health and rehabilitation needs.
* Mousawat is a rights-based organization that aims to promote equality and equitable opportunity. Mousawat runs programs that promote empowerment and employment, rights-based development, and social and health care services that aim to improve accessibility, mobility, inclusion and participation.
* Although Mousawat has been registered in 2008 as a rights-based civil society organization, its work is rooted in the local community for more than 31 years. Mousawat has been established as a result of the localization process that Norwegian People’s Aid (NPA) had initiated in a plan to become non-operational and work through local partners.
* The disability program that NPA has successfully run since 1983 has delivered extensive services and made a huge impact, to preserve this history, Mousawat still responds to several fundamental and unattended-for needs within the local community especially to those of persons with disabilities. As these needs continue to be a priority, the former NPA program has been transferred to Mousawat, a local, independent, non-governmental organization that aims to address the needs and issues of the local community while still cooperating closely with NPA and other concerned stakeholders.
* After 16 years of this transition, Mousawat has developed its own identity and niche, this new strategic plan is the third of a chain of strategic plans that led the work of the organization through all these years. It comes as a result of an extensive process of evaluation and re-designing held by the administrative and executive boards besides other key staff and partners.

# **Our Vision:**

Mousawat aims for a society where equality among various groups is achieved regardless of ideology, gender, religion, health status, economic status, and legal status and for people to deal with each other on the basis of fairness with the preservation of their dignity and rights.

Mousawat strives to be a leading development organization in the region; able to react and respond to personal and communal needs on the basis of diversity and partnership.

# **Our Mission:**

Mousawat is an independent non-governmental organization registered with the Lebanese authorities (Registration number: 1690). Building on its long expertise with disabled people, Mousawat provides various types of relief and development programs and integration services to disabled people and marginalized communities covering educational, social and health needs.

Mousawat is a rights-based organization that aims to promote equality and equitable opportunity mainly for persons with disabilities and refugees in Lebanon. Mousawat runs programs that promote empowerment and employment, rights-based development, and social and health care services that aim to improve accessibility, mobility, inclusion and participation.

# **Our Values & Ethics:**

1. **Respect for human rights and dignity**: Mousawat staff and programs should respect the human rights and dignity of all people with disabilities and ensure that its programs and services promote inclusion, equality, and non-discrimination.
2. **Transparency and accountability**: Mousawat bodies should be transparent about its activities, outcomes, and financial management. It should be accountable to its stakeholders, including clients, donors, and partners.
3. **Empathy and compassion**: Mousawat should be empathetic and compassionate towards people with disabilities and older people, recognizing their unique needs and challenges, and working to address them.
4. **Professionalism and competence**: The organization should be professional in all aspects of its work, including the recruitment and training of staff, the provision of services, and the management of resources.
5. **Collaboration and partnership**: The organization should collaborate and partner with other organizations, stakeholders, and the community to maximize its impact and achieve its goals.
6. **Integrity and honesty:** The organization should maintain high standards of integrity and honesty in all its activities and interactions, ensuring that it operates in an ethical and responsible manner.

# **Our Goals:**

1. To increase access to education for children with disabilities in Lebanon.
2. To promote employment opportunities for people with disabilities in Lebanon.
3. To increase access to healthcare for people with disabilities and older people in Lebanon.
4. To promote social inclusion for people with disabilities in Lebanon.

# **Our Target Groups:**

1. People with disabilities and older people: children- adults’ elderly People.
2. Families and caregivers of people with disabilities.
3. Educators and schools.
4. Employers and workplaces.
5. Healthcare providers and facilities.
6. Policymakers and advocates.

# **Our partners:**

1. International Rescue Committee (IRC)
2. Caritas/ Germany
3. Volkshilfe/Austria
4. Welfare (TAAWON)
5. Christian Blind Mission (CBM)
6. CESVI/Italy
7. World Rehabilitation Fund
8. Norwegian aid committee (Norwac)
9. Norwegian People’s Aid
10. Humanity & Inclusion (HI)
11. Right to Play
12. Bjork&Frihet ( Sweden)
13. AWO international
14. Ministry of social affair (MOSA)
15. Ministry of Health (MOH)
16. Palestinian disability Forum PDF
17. UNHCR (food security & basic needs – wash sector)
18. UNRWA
19. Lebanese Disability Emergency task force

# Our Main Programs

 **Major Programs include**:

**The core programs of the organization Programs are**:

* **Health and Rehabilitation for PWD,**
* **CBR/CBID program,**
* **specialized and inclusive Education program,**
* **PHC and rehabilitation through Mobile clinics and outreach/homecare approach**.

**Means and services the organization delivers in each of its programs to achieve its objectives:**

### **1. Health and Rehabilitation for PWDs**

This program focuses on medical, therapeutic, and assistive services to enhance the health and functional independence of PWDs.

#### **Services:**

* **Medical Consultations & Treatment:**
* Specialized consultations (neurology, orthopedics, physiotherapy, psychiatry, etc.)
* Free or subsidized medications
* Management of chronic illnesses related to disabilities
* **Rehabilitation Services:**
* Physical therapy sessions for mobility improvement
* Occupational therapy for daily life skills and independence
* Speech therapy for communication disorders
* Psychotherapy and mental health counseling
* **Assistive Devices Provision:**
* Mobility aids (wheelchairs, walkers, crutches)
* Hearing aids and visual aids
* Orthotic and prosthetic devices
* **Surgical and Post-Surgical Support:**
* Coordination for disability-related surgeries
* Post-surgical rehabilitation
* **Community-Based Health Education & Awareness:**
* Sessions on disability-related health management
* Caregiver training for home-based rehabilitation

### **2. CBR/CBID (Community-Based Rehabilitation / Community-Based Inclusive Development) Program**

This program follows a holistic approach to disability inclusion at the community level, ensuring accessibility and empowerment.

#### **Services:**

* **Social Inclusion & Accessibility Support:**
	+ Modifications in homes and public spaces for accessibility
	+ Advocacy for disability-friendly public policies
* **Economic Empowerment & Livelihoods:**
	+ Vocational training for PWDs
	+ Job placement and entrepreneurship support
	+ Microfinance opportunities and small business grants
* **Psychosocial Support & Counseling:**
	+ Family support groups for caregivers
	+ Psychological first aid and case management
	+ Awareness campaigns to reduce stigma
* **Referral & Case Management:**
	+ Linking PWDs to social protection services
	+ Facilitating access to specialized rehabilitation centers
* **Capacity Building for Stakeholders:**
	+ Training for community workers and local authorities
	+ Disability rights awareness for policymakers and service providers

### **3. Specialized and Inclusive Education Program**

This program promotes education access and inclusive learning environments for children with disabilities.

#### **Services:**

* **Specialized Education Centers for PWDs:**
	+ Adaptive curriculum development
	+ Special education classes for children with intellectual, hearing, and visual impairments
* **Inclusive Education Support in Mainstream Schools:**
	+ Training for teachers on inclusive methodologies
	+ Classroom accommodations for children with disabilities
	+ Assistive technology for learning (Braille, speech-to-text software, etc.)
* **Early Childhood Intervention:**
	+ Early screening for disabilities in preschool-aged children
	+ Parental guidance for developmental support
* **Scholarship & Financial Assistance:**
	+ Tuition support for children with disabilities
	+ Support for transportation and educational materials
* **Advocacy for Disability-Inclusive Education Policies:**
* Promoting national policies on inclusive education
* Working with the Ministry of Education to enforce disability rights in schools

### **4. PHC & Rehabilitation through Mobile Clinics and Outreach/Homecare Approach**

This program ensures that PWDs, especially in remote areas, receive essential healthcare and rehabilitation services.

#### **Services:**

* **Mobile Health Clinics:**
	+ Primary healthcare services (general medical check-ups, vaccinations, medications)
	+ Physiotherapy and rehabilitation services at community levels
* **Home-Based Care Services:**
	+ Rehabilitation services for individuals who cannot access centers
	+ Caregiver training to support rehabilitation at home
* **Emergency Medical Assistance:**
	+ Mobile response for urgent medical needs
	+ Coordination with hospitals for advanced treatment
* **Health Awareness and Preventive Care:**
	+ Disability-related health education in underserved areas
	+ Nutrition and hygiene awareness sessions for PWDs and caregivers

# **Annual Programmatic Summary**

* Throughout the reporting period, Mousawat Organization implemented **23 diverse projects** across Lebanon, focusing on **rehabilitation, inclusive education, health care, emergency relief, and protection services**. These initiatives were funded by a broad range of international and local partners.
* Key interventions were carried out in regions including Beirut, Mount Lebanon, Saida, Tyre, the North, Beqaa, Baalbek, Ersal, and Palestinian camps, reflecting the organization's wide geographic reach and commitment to inclusive service delivery.

 **Overall Results 2024**

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| **Services Provided** | **Numbers** |
| **Rehabilitation Sessions** | **1,714 Ben.** |
| **Assistive Devices** | **1,936 Ben** |
| **Awareness Sessions** | **1,880 Ben.** |
| **Mental Health & PSS** | **3,110 Ben** |
| **Primary Health Care** | **1,767 Ben.** |
| **Training on self-care (health care)** | **300 caregiver** |
| **Humanitarian Aid and Relief** | **14,600 Ben.** |
| **Summer Activity – 14 days** | **271 Children** |
| **Life skills sessions**  | **150 Ben.** |
| Completion of Rehabilitation work | **3 KGS & 12 shelters** |
| School Registration Fees | **30 Children** |
| Income generating projects  | **30 Ben.**  |
| **Total** | **25,803 beneficiaries** |

* **25,803 services** provided including therapy, devices, and emergency aid
* **1550 families (14600 individuals)** supported during the war crisis

# **Current projects 2024-2025**

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|  | **Project Name** | **Donor Name** | **Area of Implementation** | **From** | **To** |
| 1 | Improving the Quality of life of People with Disability living in Lebanon | Caritas | Beirut | July 2024 | June 2025 |
| 2 | Health On Wheel 4 | Volshilfe | Mount Lebanon | October 2023 | March 2025 |
| 3 | CBR | WRF | Tyre – Ersal –Dibbyeh | October 2023 | September2024 |
| 4 | providing support to the refugees in Lebanon, both Syrians and Palestinians, and the growing vulnerable segment of the host community | Norwac | Beirut & derdghaya | May 2024 | April 2025 |
| 5 | Early Intervention Unit | UNICEF | Saida | July 2024 | June 2025 |
| 6 | provision assistive device for PWDs in Palestinian camps &gathering | Welfare Arab fund | All Camps | June 2024 | May 2025 |
| 7 | Emergency: provision assistive device for PWDs in Palestinian camps & gathering | Welfare Arab fund | All camps | July 2024 | December 2024 |
| 8 | Toward full Digital Transformation | H&I - Local fund | All Camps | August 2023 | July 2026 |
| 9 | Early Childhood Education Development | Welfare – UNICEF | Beirut & Tyr | June 2024 | July 2025 |
| 10 | Emergency and Rehabilitation Support including assistive devices, lifesaving items, MHPSS and small-scale trainings for People with Disabilities and their families affected by the Earthquake in Northern Syria | volkshilfe , AWO | Aleppo | January 2024 | December 2024 |
| 11 | Education for Future - Phase 2: Strengthening education and childprotection services for boys and girls in Lebanon. | CEVSI | Borj hamoud, Baalbek | October 2023 | March 2025 |
| 12 | Enhancing Quality & Inclusive Education. | Right To Play | Beirut, saida, tyr | January 2024 | December 2024 |
| 13 | Support to acute and post-acute health care for vulnerable persons in Lebanon. | HI – ECHO | Beirut, bekaa | July 2024 | December 2025 |
| 14 | WILADA Project – SRH | HI | Beirut | July 2024 | April 2025 |
| 15 | Inclusion of Children with Moderate and Severe Disabilities in Specialized Education | HI | All Centers | January 2024 | October 2024 |
| 16 | Touching Minds Raising Dignity - Phase 2 | H&I – AFD | Beirut, bekaa | January 2024 | April 2025 |
| 17 | Provision of protection and health services to 720 Elderly Palestinian Refugees in Nahr El-Bared, Beddawi, and Wavell camps | Welfare – OCHA | North, baalback | September 2024 | August 2025 |
| 18 | Supporting the Cost of the organization impact  | Bjork & Frehit | Lebanon | January 2024 | December 2024 |
| 19 | Improved Quality Services and Enhanced Inclusion Opportunities for Palestinian People and Children with Disabilities" project funded by UNDP. | Welfare – UNDP | Beirut | September 2024 | December 2024 |
| 20 | Improve the quality of services in the artificial limb facility | Welfare | Beirut | September 2024 | December 2024 |
| 21 | Enhancing the capabilities of Palestinian refugee children with disability to pursue their livelihood: From Disability to Possibility: Fostering Inclusive Opportunities. | DMA |  |  |  |
| 22 | Access to education with moderate and severe disabilities in Lebanon. | H&I – UNICEF | Beirut & bekaa | September2023 | July 2024 |
| 23 | **Emergency relief for internally displaced people with disabilities in Lebanon** | JTI | Beirut  | November 2024 | February 2025 |

# **Meet our services**

* Physiotherapy
* Speech therapy
* Occupational therapy
* Psychological support
* Education & Inclusion
* Provision of life saving items
* Provision of Assistive Devices
* Orthopedic workshop
* Generating of Disability Cards
* Rehabilitation (homes, schools, public places.)
* Primary health Care
* Provision of medicine
* Emergency kits (food parcels – dignity & hygiene)
* Awareness sessions
* Referral
* Mobile Clinic
* Urinary System Analysis
* Peer to Peer Approach

# **Projects results 2024**

# **Project Name**: Co-funding of Rehabilitation services & inclusive activities for people with Disability.

* **Partner**: Carits - Germany
* **Duration:** 14 months
* **Project Description**: Improve the quality of life of PWDs in Beirut and Mount Lebanon areas through the provision of specialized rehabilitation services and inclusive early childhood education and activities.

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| **Service Provision** | **Achieved results 2024**  |
| PT | 6060 sessions |
| ST | 2109 sessions |
| OT | 1780 sessions |
| CWD enrolled in KGs | 25 Ben. |
| individual assessment has been performed for each child | 25 Ben. |
| refer 120 cases to benefit from other services provided in the targeted area. | 122 Ben |
| training sessions for teachers – 6 activities | 30 Ben. |
| conduct 4 PSS sessions monthly (40 activities) | 90 Ben. |

# **Project Name:** Health on Wheels

* **Partners:** Volkshilfe/Austria and AWO International
* **Duration:** 26 months
* **Project Description**: provision of PHC services for PWDs and old people along coast line from Karantina till Saida.

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| **Service Provision** | **Achieved results 2024**  |
| Primary health care (medical checkup and medication) | 1661 Ben. |
| Assistive devices | 47 Ben. |
| Nursing service | 34 Ben. |
| Lab tests | 8 Ben. |
| Physio-Therapy | 724 session / 79 Ben. |
| Awareness and self-care training (1 training) | 203 Ben. |
| PSS (8 activities) | 1. n.
 |

# **Project Name:** CBR/ ERSAL

* **Partner:** World Rehabilitation Fund
* **Duration:** 2024
* **Project Description**: provision of Assistive devices / sessions PT, ST, OT, Psycho awareness session.

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| **Service Provision** | **Achieved results 2024**  |
| Assistive devices | 298 Ben. |
| Life Saving Items | 27 Ben. |
| PT | 398 session/ 40 Ben. |
| Psychotherapy | 544 sessions /32 Ben. |
| ST | 476 session / 25 Ben. |
| OT | 527 session /27 Ben. |
| awareness session  | 13 session / 817 Ben. |
| awareness session field | 100 Ben.  |
| basic home adaptation | 1. activities / 5 Homes
 |

# **Project Name:** CBR/ Dibbyeh

* **Partner:** World Rehabilitation Fund
* **Duration:** 2024
* **Project Description**: CBR Program provides persons with disabilities in need in Debbie town and neighboring villages with the following assistance services:
* Mobility aids, rehabilitation accessories and home/self-care supplies.
* Physical therapy. Basic home/car accessibility alterations.
* Architectural alterations to community services entities to reduce physical barriers to accessibility.

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| **Service Provision** | **Achieved results 2024**  |
| Assistive devices | 97 Ben. |
| Life Saving Items | 41 Ben. |
| PT | 517 session/ 30 Ben. |
| Kindergarten Rehabilitation  | 1. center
 |

# **Project Name:** CBR/ TYR

* **Partner:** World Rehabilitation Fund
* **Duration:**2024
* **Project Description**: CBR Program provides persons with disabilities in need in tyr center for assistance services: PT, assistive devices, lifesaving items PSS sessions, Rehabilitation.

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| **Service Provision** | **Achieved results 2024**  |
| Assistive devices | 173 Ben. |
| Life Saving Items | 100 Ben. |
| PT | 1000 session/50 Ben. |
| Home Adaptation | 1home |
| institution Adaptation | 1 center |
| Commination meetings  | 25 activities / 50 beneficiaries  |
| Awareness sessions | 12 activities / 360 each session |
| Home Visits  | * sits / 150 Ben.
 |

# **Project Name:** supporting the core cost of the organization

* **Partner**: bjork&ferhit
* **Duration:** 2024
* **Impact**

• Assured long-term presence of Mousawat in its Beirut head offices and field offices, especially at a time when many NGOs were experiencing redundancies.
• Enabled safe logistics and communication to allow for continued community outreach to refugee camp populations.
• Ensured internal frameworks such as financial auditing, monitoring, and evaluation—allowing Mousawat to remain compliant with donor specifications.
• Enabled emergency operational needs, especially in the south and in risk zones
• securing part of the head office overhead expenses like stationary, insurance, rent, and logistics, as described in the below attached financial report.

# **Project Name**: Supporting People with Disabilities among Refugee’s Communities in Lebanon.

* **Partner: Norwac**
* **Duration:** 2024-2025
* **Project Description**: Supporting People with Disabilities among Refugee’s Communities in Lebanon with Medical Care, Basic Needs, Life-saving Medical Supplies and Assistive Devices all over camps.

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| **Service Provision** | **Achieved results 2024**  |
| Assistive devices  | 30 Ben. |
| Lifesaving Items | 1. ben.
 |
| Physiotherapy sessions  | 123 Ben. 2346 sessions  |

1. **Project Name:** Support Early Childhood Program for Academic Year 2024-2025/ Education Early Intervention Unit
* **Partner:** TAAWON/ UNCEIF
* **Duration:** 2024-2025
1. **Project Description**: he Early Intervention Unit Center is a specialized center aimed at providing comprehensive services for children experiencing developmental delays or disabilities at early stages of their lives.

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| **Service Provision** | **Achieved results 2024**  |
| Therapy Sessions | 376 Sessions |
| Awareness Sessions | 10 sessions /102 Ben. |
| PSS Activities | 25 activity /102 Ben. |
| Home Visits | 60 visits |
| Coordination with Institutions | 25 institutions  |
| Referral | 50 referral |
| Assistive Devices | 48 Ben. |
| Physiotherapy | 1700 sessions |
| Speech Therapy | 2532 sessions |
| Occupational Therapy | 1075 sessions |
| Psych-Therapy | 975 sessions |
| PSS Activities | 10 activities / 112 Ben. |
| Awareness Sessions | 9 sessions / 102 Ben. |
| PSS Activities 2 | 1. activities / 95 Ben.
 |

1. **Project Name:** Enhanced services for People and children with disabilities living in Palestinian Gathering.
* **Partner**: TAAWON / Arab Fund
* **Duration:**2024-2025
* **Project Description:** Provision of assistive devices for people with disability all over camps in Lebanon.

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| **Service Provision** | **Achieved results 2024**  |
| Assistive Devices | 243 Ben. |
| Lifesaving items | 1. Sessions
 |

# **Project Name:** **Improving the ability of self- employed PwDs**

* **Partner:** TAAWON/UNDP
* **Duration** 6 months
* **Project Description:** Improving the ability of self- employed PwD to maintain their micro business through training, small grants, and adaptive equipment. This initiative aims to provide 30 PwDs with training on business skills needed for running and maintaining a micro enterprise such as digital marketing, communicating with clients.

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| **Service Provision** | **Achieved results 2024**  |
| deliver a comprehensive 5-day training program to 30 selected PwD | 30 Ben. |
| provide Equipment and Grant Need | 1. Ben.
 |

# **Project Name:** Provision of physiotherapy sessions to 80 elderlies & distribution of assistive devices.

* **partner:** TAAWON/ OCHA
* **Duration**12 Months
* **Project Description:** Provision of physiotherapy sessions to 80 elderlies & distribution of assistive devices.

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| **Service Provision** | **Achieved results 2024**  |
| PT Sessions | 97 Ben. |
| Assistive devices | 205 Ben. |
| Delivering the physiotherapy sessions to elderly persons | 633 sessions |

# **Project Name**: provision of assistive devices for PWD’s overall camps

* **Partner:** Taawoun- Emergency
* **Project Description:** provision of assistive devices for PWD’s overall camps

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| **Service Provision** | **Achieved results 2024**  |
| Assistive devices  | 1. Ben.
 |

# **Project Name**: Enhancing Inclusive Education

* **Partner: Right To Play/NORAD**
* **Duration:** 12 Months
* **Project Description: Enhancing quality & Inclusive Education**

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| **Service Provision** | **Achieved results 2024**  |
| 1. sensitization sessions per area (Beirut, Saida, Tyre)
 | 80 Children with and without Disability |
| summer activities -14 days | 271 children |
| Emergency PSS" – During 15 days | 487 children  |
| 6 life skills sessions | 150 parents |
| Completion of Rehabilitation work | 1. KGS
 |
| School Registration Fees | 1. Children
 |
| Home Visits | 1. Visits - 40 children
 |
| Specialized Sessions | 1. Sessions - 33 children
 |
| Provision of Assistive Devices | 40 CWDs |

# **Project Name:** rehabilitation services for CWDs

* **Partner: Italy Agency/** CESVI
* **Duration:** 17 Months
* **Project Description:** Rehabilitation sessions for children with disabilities and learning difficulties referred by JRS (third partner**).**

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| **Service Provision** | **Achieved Results 2024** |
|  | **Baalbek** | **Karantina** |
|  | **sessions** | **Ben.** | **Sessions** | **Ben.** |
| ST | 277  | 35 | 677 | 97 |
| OT | 148 | 31 | 119 | 42 |
| PSYCH | 40 | 12 | 197 | 28 |
| PT | 99 | 17 | 148 | 20 |
| Awareness Sessions for care givers | * sessions / 22 Ben.
 |

1. **Project Name**: Inclusive of children with Moderate and serve disabilities in specialized education
* **Partner:** Humanity & inclusion
* **Duration:** 8 months
* **Project Description:** Provision of therapy sessions of public school students referred by HI

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| **Service Provision** | **Achieved results 2024** |
|  | **Jiyyeh**  | **Karantina** |
|  | **sessions** | **Ben.** | **sessions** | **Ben.** |
| ST | 344  | 21 | 482 | 54 |
| OT | 225 | 18 | 158 | 11 |
| PSYCH | 97 | 9 | 0 | 0 |
| PT | 17 | 1 | 482 | 54 |

# **Project Name:** Humanity & inclusion – Beirut

* + **Partner:** Humanity & inclusion
	+ **Duration:** 8 months
	+ **Project Description:** Provision of Rehabilitation services.

|  |
| --- |
| **UNICEF Project** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| PT  | 44 | 11 |
| ST | 177 | 17 |
| OT | 19 | 7 |
| PSS Sessions | 21 | 455 |

# **Project Name:** rehabilitation and SRH services for women

* **Partner:** Humanity & inclusion
* **Duration:** 12 molnths
* **Description**: rehabilitation and sexual reproductive health for women above 13 years old

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| **Wilada Project** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| PT  | 132 | 11 |
| ST | 67 | 17 |
| OT | 46 | 7 |
| PSS Sessions  | 81  | 219 children & 39 adult |

1. **Project Name**: home post operative care

**Partner**; HI

**Duration**: 11 months

**Description:** offering home care and mental health services

|  |
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| **Post-Operative Care Project** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| PT  | 227 | 43 |
| Nursing care sessions | 183 | 34 |
| OT | 70 | 16 |
| PSS Sessions (5 sessions + 76 sessions) | 81  | 219 children & 39 adult |
| PSS sessions | 5 | 235 |
| Psychoeducation | 4 | 51 |

# **Project Name:** Provision of Rehabilitation services PT, OT, ST, Assistive devices, referrals, PSS**.**

* **Partner**: Humanity & inclusion
* **Duration:** 2024-2025

|  |
| --- |
| **Rehab. Sessions** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| PT  | 1087 | 108 |
| ST | 188 | 31 |
| OT | 170 | 26 |
| Referrals from mousawat  | 827 referrals |
| Referrals to mousawat  | 450 referrals |
| Assistive devices | 183 devices | 141 Ben.  |
| PSS Activity for children’s | 1 activity | 112 Ben |
| Awareness for caregivers about parental skills  | 5 sessions | 1. Ben.
 |

# **19.Project Name:** Touching Mind Raising Dignity

* **Partner:** Humanity & inclusion / AFD
* **Duration:** 2022-2025

Description: offering PSS and awareness sessions about importance of Mental health and PSS interventions.

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| --- |
| **AFD Project** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| Mental Health intervention  | - | 1584 |
| PSS | 131 | 714 |
| Awareness sessions about mental health  | 39 | 769 |
| Psychoeducation session for teachers , parents and caregivers. | 7 | 87 |

**20.Project Name**: Enhanced Protection space for targeted population in Lebanon.

* **Partner:** Humanity & inclusion /ECHO
* **Duration:** 2024-2025

|  |
| --- |
| **AFD Project** |
| **Service Provision** | **Achieved results 2024** |
|  | **SESSIONS** | **Ben.** |
| Mental Health Consultation  | 289 consultations |
| psychological sessions | 214 | 71 |
| Psychoeducation session for users and caregivers. | 9 | 73 |

# **21-Project Name:** intervention with people in the collective shelter.

* **Partner:** ECHO- UN
* **Duration:** 2024-2025

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| --- |
| **ECHO-UN** |
| **Service Provision** | **Achieved results 2024** |
| Assistive devices | 69 Ben |
| distribution 200 PSS kits for children | 71 Ben |
| distribution of meals for children | 275 Ben. |
| Psychoeducation session for users and caregivers. | 9 sessions | 73 Ben. |
| PSS activity for children | 15 sessions | 265 Ben. |

# **22-Project Name:** Toward Full Digital Transformation

* **Partner:** Humanity & inclusion
* **Duration:** 2023-2026
* **Project Description:** Support Mousawat to have a digital system to improve overall staff efficiency access to information for decision making and project tracking.

Emergency Total services (During War)

|  |  |  |  |
| --- | --- | --- | --- |
| **Project** | **# of families** | **# of individual** | **# PWD&ELDERLY** |
| AWO phase 1  | 150 | 589 | 51 |
| AWO phase 2 | 400 | 1522 | 153 |
| AWO phase 3 | 602 | 2325 | 218 |
| Caritas - Germany 1st phase | 75 | 287 | 19 |
| Caritas - Germany 2nd phase | 218 | 766 | 46 |
| JTI Foundation | 300 | 1347 | 319 |
| HOW | 46 | 46 | 46 |
| Mobile clinic | 691 | 691 | 84 |
| Milk | 338 | 338 | 146 |
| Diapers | 531 | 531 | 194 |
| Assistive device | 1090 | 1090 | 1090 |
| Rehabilitation sessions | 446 | 446 | 446 |
| PSS Activities | 643 | 643 | 68 |
| Awareness sessions | 458 | 458 | 32 |
|  **Total** | **5988** | **11079** | **2912** |

#  **Challenges**

|  |  |
| --- | --- |
| **Challenges** | **Impacts** |
| * The difficulty for persons with disabilities to access the Debye center for physical therapy without transportation allowances.
 | * Persons with disabilities have become more independent in their daily lives.
* Improving the quality of life of a person with a disability
* Inclusion of persons with disabilities in their communities by providing the necessary tools for social participation.
 |
| * huge need for chronic diseases medication
 |  |
| * sometimes, some parents not following the therapist’s instructions that tell them.
* After war there is some cases that has Post-traumatic stress disorder.
* After war some cases present stuttering.
* The individuals who are attending physical therapy sessions regressed after the war due to the suspension of sessions during that period and because of fear and tension me times, some parents not following the therapist’s instructions that tell them
 | * A lot of users are developed in cases and in their skills
* Users Have a better understanding of their condition
* Feel able to self -manage their symptoms or problems.
* Feel confident to choice a right decision for them.
 |
| * Transportation fees is insufficient for some beneficiaries.
* Parents are not interested in providing their children with the service.
 | * improvement of children academic skills
 |
| * Lack of budget for refreshments.
* Limited availability of psychotherapy, psychiatrist consultations, and medications.
* Technical issues with tablets and lack of internet on-site.
* Reduced user group commitment during the war phase.
* Insufficient budget for crisis interventions during war.
* Lack of budget for transportation.
* Inability to conduct sessions at informal tents (ITs) due to lack of permission in Beqaa, forcing sessions to be held at the center
 | * Adopted a holistic approach by involving students, parents, teachers, and administrative personnel.
* Addressed stigma, taboo, and discrimination around mental health.
* Enabled open discussions about mental health in public.
* Empowered participants to refer individuals in need to Mousawat.
* Increased community awareness and knowledge of mental health.
* Improved school environments through teacher and staff engagement.
 |
| * Delay for the implementation of the project (should start in April and we started in September). Big number of persons who need psychiatric and we only have psychologist. The users are not committed all the time. Due to the war we closed the center for few weeks, and we come back to wok not all the users were able to attends the center.
 | * we are one of the few organizations who work on mental health in central bekaa, we had a long list of referrals which show us the good coordination between us and other NGOS. The users who receive psy sessions are very satisfied and its improve on their daily life.
 |
| * we didn't able to come to the center all the time. We didn’t be able to visit all the collective shelters and schools in the area because of the security situations.
 | * the children were very happy with kits, and the PSs sessions. The assistive devices were very helpful for users.
 |
| * Beneficiaries are not able financially to cover their own transportation expenses
 | * Assistive devices help improve and facilitate the quality of life for beneficiaries
 |
| * The need for children to have a greater number of therapy sessions.
 | * improve communication enhanced communication can improve relationships with family, friends and teachers, providing inclusion in educational and social settings.
 |
| * The security situation in the country
 | * Participation in group session ease feelings of isolation often experienced by beneficiary children
 |

### Conclusion

The year 2024 was a testament to Mousawat’s enduring commitment to inclusion, dignity, and rights for persons with disabilities and marginalized communities across Lebanon. Amid economic hardship, conflict, and systemic challenges, Mousawat not only sustained but expanded its reach—delivering over 25,000 critical services, implementing 23 diverse projects, and adapting rapidly to emergency and wartime needs.

Our work this year reinforced the values we hold dear: equity, resilience, and community partnership. Whether through life-saving assistive devices, homecare and mobile rehabilitation, inclusive education, or psychosocial support, our interventions were shaped by the real needs of our beneficiaries and grounded in a rights-based approach.

We remain deeply grateful to our donors, partners, and the dedicated Mousawat team whose tireless efforts continue to break barriers and build a more inclusive future. As we move into 2025, we renew our promise to listen, adapt, and lead with compassion—ensuring that no one is left behind.